



thoughtsmiths

COACH
TRAINING
SCHOOL



COACHING

TODAY'S CRITICAL
LEADERSHIP
SKILL

Old-school management styles of 'direct and control' are no longer appropriate in guiding people, teams and organisations through the constant change and complex challenges that are ubiquitous in today's workplace.

In contrast, Leader-coaches engage with their people in ways that enable flexible, intelligent responses to shifting opportunities and challenges. Leader-coaches are catalysts that generate a thinking culture in organisations.

Our programmes are intensive, highly experiential, transformative learning experiences.

Thoughtsmiths Coach Training School is accredited by the International Coach Federation (ICF) and is a COMENSA registered training provider.

ABOUT THE PROGRAMMES

These ICF accredited coach training programmes equip leaders, managers and coach practitioners to have powerful workplace conversations that activate the intelligence of individuals and teams for optimal organisational effectiveness.

WHO SHOULD ATTEND?

- All leaders in your organisation
- People in people-development and influencing roles (Eg. HR, consulting and sales)
- Aspiring coach practitioners

WHAT WILL PARTICIPANTS GAIN?

- An ICF approved coaching qualification sufficient to open your own coaching practice.
- A neuroscience-based, evidence-based approach to coaching.
- Practical coaching skills that can be implemented immediately.
- Thoughtsmiths' proven and widely applicable STAKES™ coaching process
- Emotion regulation techniques
- Skills to coach individuals as well as groups and teams.

AND

Coaching skills to optimise everyday workplace engagements such as:

- Performance reviews
- One-on-one conversations
- 'Difficult' conversations
- Feedback discussions
- Goal setting
- '6 Minute' thinking conversation
- Strategic discussions
- Team meetings

01.

Thoughtsmiths Phase One Coach Training

This programme is for leaders at any level in an organisation wanting to become proficient in coaching skills as part of their leadership arsenal. It is also for anyone wishing to become a coach practitioner.

Course Format

This 3 month programme includes:

- 3 days intensive skills training (face-to-face)
- 8 weekly virtual classroom sessions of 90 mins
- live assessment of competence

02.

Thoughtsmiths Phase Two Coach Training

This programme is for coaches who have already completed Thoughtsmiths Phase One Training and who are wishing to deepen their coaching skill and become eligible to apply for ICF ACC.

Course Format

- 2 day skills-deepening training (face-to-face)

03.

Ten Hour Mentor Coaching Programme

Essential for coaches wishing to apply for or renew their ICF credentials. Build your coaching confidence, embed ICF competencies, receive constructive one-on-one feedback and be supported through the ICF credentialing process.

Course Format

- 5 group virtual classroom sessions (making up 7 hours total)
- 3 one-on-one sessions with an experienced coach mentor of 60 mins

04.

Customisable in-house coaching skills training

This programme is custom created for organisations, designed to meet specific organisational needs, and is run in-house. It draws strongly on the Thoughtsmiths ICF approved Phase One Coach Training Programme.

Course Format

- Versatile and flexible in response to your needs, in-house coach training may be offered in a variety of formats, levels of skill development, and over varying timeframes.

ENROL NOW

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